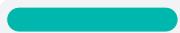


LONG-TERM CARE OPTIONS

How do they compare?

	INSTITUTIONAL CARE		HOME CARE AGENCY		SELF-DIRECTION
	Nursing Home	Assisted Living Facility	Adult Day Care	Home Care Agency	Self-Directing Home Care
⇒ I get to live in my own home	✗	✗	✓	✓	✓
⇒ I control my time, including when I get up and when I go to bed	✗	✗	✗	✗	✓
⇒ I can receive care and support during the day, nights and weekends	✓	✓	✗	✗	✓
⇒ My ability to influence and choose the services I need is:	Low	✗	Low	Medium	High
⇒ My ability to influence when I need those services is:	Low	Low	Low	Medium	High
⇒ My ability to choose and train who provides me care/support is:	✗	Low	Low	Low	High
⇒ My ability to pay family and friends ¹ to support/care for me is:	✗	Medium	✗	✗	High
⇒ My ability to set the salary & benefits of those who provide me support/care ² is:	✗	✗	✗	Low	High
⇒ My ability to fire a support/care worker if things aren't working out is:	✗	✗	✗	Low	High

Low  Medium  High 

¹ Some states do not allow the hiring of family members as care/support workers. Friends are permitted nationwide.

² This assumes a state offers both "budget authority" and "employer authority" as part of self-directing Medicaid programs.



INSTITUTIONAL CARE

Nursing Home

Around-the-clock residential facility care. Provides a high level of long-term personal or nursing care for individuals who are unable to care for themselves (such as the aging or the chronically ill).

Assisted Living Facility

Supervised housing and communities designed for senior citizens or disabled people providing social activities, nursing, meals and/or housekeeping as needed.



HOME CARE AGENCY

Adult Day Care

Professionally managed environment for those with disabilities, aging or chronically ill adults. Provides a safe and secure setting during the daytime hours, offering social engagement and tailored healthcare services.

Home Care Agency

Licensed businesses that employ health professionals to provide in-home medical and non-medical care. Non-medical care consists of assisting with meals, laundry and other housekeeping duties.



SELF-DIRECTION

Self-Directing Home Care

A service model that empowers public Medicaid program participants and their families with choice and control over the long-term services and supports they need to live at home.



Understand your long-term care options is critical to making the right choice for you or your loved one.